

South Africa Global Buddies · Cape Town

March 31 – April 9, 2009 or July 8 – 18, 2009

These two trips combine the beauties of Cape Town with a rich experience in the townships, where residents struggle to access good jobs, housing and education. Our host is Women for Peace in Mfuleni township. American and South African children participate in a well-supervised program that includes organized activities and plenty of time for play, enjoying the brand new playground that Global Buddies and Women for Peace built together in 2008. The adult program parallels the children's, as parents work with township residents on service projects, make community visits, and share their children's experiences, including field trips.

The children's program is carefully designed to develop global citizenship in American and South African children alike. Community service, environmental education, and multi-media skills training (e.g. photography, writing, filmmaking) are just a few of the activities that build a sense of interconnectedness and a desire to make a difference.



DAY 1	ARRIVAL: You will be met at Cape Town International Airport and transported to your accommodations at the <i>Victoria Et Alfred Waterfront</i> , where Global Buddies staff will greet you and orient you to the area. American families gather for opening dinner at the Africa Café.
DAY 2	PROGRAM BEGINS: South African and American Global Buddies meet for an outdoor celebration and dinner in the Franschhoek wine country.
DAY 3	Parade welcomes Global Buddies to Mfuleni, as visitors become part of the community for the next 10 days. Visit an orphanage, interact with a traditional healer and meet local leaders to begin getting to know the township.
DAY 4	Adults start service project at Women for Peace, while children visit the homes of their Mfuleni global buddies. All enjoy a festive community lunch.
DAY 5	American families share in the community's joyful religious spirit with an optional morning visit to township churches. South African families join in the afternoon for a trip by cable car to the top of world-famous Table Mountain. A ferry ride to Robben Island follows, where Nelson Mandela was imprisoned.
DAY 6	Children visit Footprints Environmental Center for hands-on learning about global warming and world resource use. Adults explore craft markets that create employment for local women. All meet at Boulders Beach to see African penguins, play in the sand and swim in the Indian Ocean. Dinner at Seaforth Lodge.
DAY 7	Children and adults spend the day in Mfuleni, where American and South African children participate in service project. Adult service project continues.
DAY 8	Adults visit Philani Nutrition and Development Centre in Khayelitsha and continue with service project. Children's program at Women for Peace.
DAY 9	Adults continue with service project and visit Mfuleni orphanage. Children's program includes high-spirited Global Buddies soccer game in the township. The whole group enjoys dinner at Kirstenbosch Botanical Gardens.
DAY 10	Another full day of community activities for children and adults. All travel to <i>Moyo at Spier</i> for a glorious evening of pan-African food and entertainment under an open-air Bedouin tent in the Stellenbosch wine country.
DAY 11	Program ends in Mfuleni with a dance performance, international community lunch and closing ceremony at Women for Peace.
DAY 12	DEPARTURES: Transportation to Cape Town International Airport. Families may explore South Africa further on their own (add-ons available) or begin their journey home.

We reserve the right to adjust the order of this itinerary as needed; the main components will not change.